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# On Death And Dying



# ON DEATH & DYING

What the Dying
Have to Teach Doctors,
Nurses, Clergy &
Their Own Families

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## **Synopsis**

One of the most important psychological studies of the late twentieth century, On Death and Dying grew out of Dr. Elisabeth  $K\tilde{A}f\hat{A}$  bler-Ross's famous interdisciplinary seminar on death, life, and transition. In this remarkable book, Dr.  $K\tilde{A}f\hat{A}$  bler-Ross first explored the now-famous five stages of death: denial and isolation, anger, bargaining, depression, and acceptance. Through sample interviews and conversations, she gives the reader a better understanding of how imminent death affects the patient, the professionals who serve that patient, and the patient's family, bringing hope to all who are involved.

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#### Customer Reviews

This is the book that even nurses and others in the medical profession receive presentations on. An understanding of the natural process every human must undergo does much to reduce the anxiety at the terminal of our lives. It also gives one some ideas as to how to help others over this final event of our lives. Highly recommended for those who have much to fear in dying.

This is her break-through book for today's more palliative care for the dying. Dignity. It is somewhat academic but I strongly suggest you read this first and then her book "On grief and grieving." Lost my father 5 months ago. He was a tough man. He died one month short of his 85th birthday. He did not suffer physically but his old age just caught up with him. He had a good life. I wish I would have read both books prior to his passing. I would have had emotional tools. But, thanks to these books, it's ok that I'm a fallible human.

I have begun reading the literature of death and dying to prepare myself for the death of a loved one. All my life I have struggled with the thought of losing her, and now it appears that time may be coming quickly. I enjoyed most of this book, especially the talk of the Stages, but I found some of the use of the royal "We" that EKR uses to be off-putting. But, I'm sure that was the way to write at the time. The book has been a good introduction to the topic, and will help me as I continue learning. I would like to say that reading a book will solve all my fears and worries about the dying process, but of course it won't. Still, to know I am not alone - that is a great comfort.

I highly recommend this book whether it's for death, divorce, relationship or job. It helps you to understand the steps of something so personal and painful and what you're feeling. It's a wonderful book. I took a Death & Dying class in college, this class was always full, and it was wonderful and helped me while going through my divorce so much that I can't even explain it. I just brought this book for a friend who lost her husband and for another who just got divorce and was sinking into depression. They are so grateful and it's a must read everybody. Trust me get the book. You will be very satisfied.

We, in the US, have made dying a taboo topic. I used this in an undergraduate course on Death and Dying, and learned more about everything associated with the process than I ever knew existed. It has helped me to an immeasurable extent in dealing with the death of loved ones since then. I really think it should be required reading for everyone, adolescent and beyond.

I purchased this for a family member whose parent has cancer. My original purchase was when the book was originally published. I think this book should be given to families going through the cancer process as so much is explained. The book arrived quickly and intact.

#### As described

This book was recommended to me when my grandmother died. Years later I was reintroduced to it through a college course I was attending. The book contains valuable information for someone experiencing the loss of a loved one or caring for someone who is dealing with an illness. I continue to recommend this book as an aide to understand what the thoughts and attitudes of someone terminally ill maybe experiencing. It is easy to sometimes be centrally focused on our own thoughts and perceptions in dealing with a loved ones illness and think we know whats best for them and forget their wants, desires, fears, and needs.

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